
NONDISCRIMINATION NOTICE

Discrimination is against the law. *Sierra Medical Group* follows Federal civil rights laws. *Sierra Medical Group* does not discriminate, exclude people, or treat them differently because of race, color, national origin, age, disability, or sex.

Seira Medical Group provides:

- Free aids and services to people with disabilities to help them communicate better, such as:
 - ✓ Qualified sign language interpreters
 - ✓ Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Free language services to people whose primary language is not English, such as:
 - ✓ Qualified interpreters
 - ✓ Information written in other languages

If you need these services, contact *Sierra Medical Group* between 8:00AM-5:00 PM by calling 661-945-9411. Or, if you cannot hear or speak well, please call 1-800-806-4474

Send with all notices

HOW TO FILE A GRIEVANCE

If you believe that *Sierra Medical Group* has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with *Sierra Medical Group*. You can file a grievance by phone, in writing, in person, or electronically:

- **By phone:** Contact *Sierra Medical Group* between 8:00AM to 5:00PM by calling 661-579-2018. Or, if you cannot hear or speak well, please call 1-800-806-4474
 - **In writing:** Fill out a complaint form or write a letter and send it
 - to: *Sierra Medical Group*
44469 10th Street West, CA 93534
 - **In person:** Visit your doctor's office or *Sierra Medical Group* and say you want to file a grievance.
 - **Electronically:** Visit *Sierra Medical group* website at <http://www.sierramedicalgroup.com>.
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OFFICE OF CIVIL RIGHTS

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights by phone, in writing, or electronically:

- **By phone:** Call **1-800-368-1019**. If you cannot speak or hear well, please call **TTY/TDD 1-800-537-7697**.
- **In writing:** Fill out a complaint form or send a letter to:

**U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201**

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

- **Electronically:** Visit the Office for Civil Rights Complaint Portal at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>.